

When were you born and where? 11th February, Perth W.A.

Your background...
Boxing and training people.

Favourite ways to stay active...

Anything active, I like to try new things as I get bored pretty easily so don't like to do the same thing too regularly.

What you like to do in your spare time? Be lazy and learn as much as I can.

Why did you become a Personal Trainer?
To make people happy.

If you could, how would you change the world? Eradicate liars.

Your passion in life? Fun and happiness.

What motivates you to achieve? Arrogance and pride.

Favourite motivational quote?

Tough times never last ... Tough people do!

