

Client Testimonial

sharon lawler



When I was younger I was always fit and very active, never had a weight problem, and was always motivated and positive about my body image. After going through an operation followed by long illness and treatments, I gained large amounts of weight and felt so unhealthy. I tried everything to lose the weight, but ended up losing motivation. Struggling, I finally started to shift small amounts through dieting, but this was not consistent. Then I found EY.

When I started with EY doing my PT and regular group sessions, the weight dropped off more consistently and I have now lost 3 cm off everywhere since Christmas. The service is great from EVERYONE, very personal, friendly, professional and so encouraging. I am almost at my goal weight but I am enjoying myself so much that I want to continue and set some new exciting goals. I'm walking proof that EY is amazing!

“I get comments everyday about what a difference EY has made to not only my looks—but to my energy and confidence.”

I feel new confidence in myself and am more aware of my body than ever before. I am now planning a big wilderness hike to Cradle Mountain at Christmas, something I never would have attempted before.

9KG
LOST—
PLUS 2 DRESS
SIZES!

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